



# *Dancer* DISPATCH

## Welcome Back Dancers!!!

Back to school and back to dance — we are so excited for our dancers to get back in the studio for another year of moving and grooving! Classes begin September 9th in both Utica and Herkimer. To make sure you start this dance season out right, here are some tips:

- Be Prompt and Prepared
  - Show up on time, wearing proper dance attire, with hair pulled up
- Stretch Before Class to Stay Injury Free
- Stay Hydrated—Don't Forget Your Water Bottle!
- Enter Class with a Positive Attitude and be Ready to Learn
- Always Treat your Instructors and Peers with Respect
- Don't forget to HAVE FUN!

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## Summer Dance Highlights

### Ballet Intensive with Miss B, Miss Cali, and Miss Sophia

Ballet is the core of dance; studying ballet will give you the strength and technique that is necessary to be successful in not only ballet, but many other forms of dance. We are so happy to have had a huge turnout at our Ballet intensives in both Herkimer and Utica this summer. Students took class all week with Miss B, Miss Cali, and Miss Sophia.



### Annual Princess Camp

This July, girls ages 3-7 came to Dancenter dressed as their favorite princesses for the four days of our annual Princess Camp. Dancers came as Ariel on Monday, Cinderella on Tuesday, Elsa or Ana on Wednesday, and Moana on Thursday. We are so glad to have had another successful Princess Camp!





## Summer Dance Highlights Continued...

### St Mary of Mount Carmel Festival

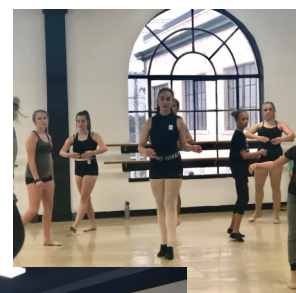
We are so happy to have had our dancers perform in the St Mary of Mount Carmel Festival. Dancers performed pieces that they had previously danced in this year's recital back in May. We love having opportunities for our dancers to get out and share their hard work with the community.



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### Congrats New Competition Dancers!!!

After three sessions of auditions, we are happy to congratulate new and returning competition dancers! Welcome to the team!

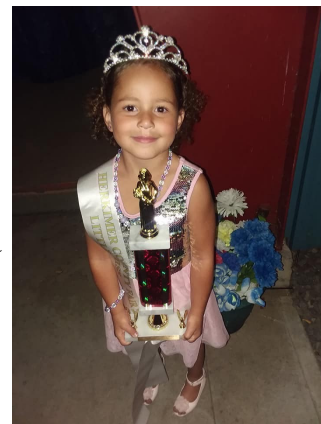


## In the Spotlight

- Congratulations to Yvonna C. for winning 1st Place in the Herkimer County Fair Little Miss Pageant!
- Congrats to Isabel C. for her awesome accomplishments while attending a two day actors workshop! Not only was she the youngest one there, but she was the only one who memorized her monologue — which she would later perform on stage — in less than a day. Wonderful work Isabel!!!



- Congratulations to Eva P. for her role in NBC's *The Blacklist* as Grace Draxton last spring!
- Congrats to Marisa M. who will be competing for the title of Miss New York Teen USA!!! We wish the best of luck!



At Dancenter, we love knowing our dancers are out doing incredible things outside of dance. If your child is involved in anything such as a musical theatre production, special school function, or has recently had an exciting accomplishment, we would love to hear about it! Just email your exciting news to [dancer@hotmail.com](mailto:dancer@hotmail.com) to have it included in the next issue!

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### Our Mission Statement:

It is our philosophy that the experience of dance should be positive and rewarding while learning the discipline required for to reach personal goals; be it furthering their career to dance professionally or to develop poise and coordination on a recreational level. Each class is structured to the age and abilities of our dancers and is taught by highly trained, qualified, adult dance educators. Our classes are designed to teach muscle development, coordination, balance, rhythm, grace and poise. Dancers will gain independence and confidence, build positive self-image and learn to interact with others. Our main objective is for each student to learn the joy and appreciation of music and dance. We strive to create an innovative approach to dance Training recognizing diversity, encouraging unanimous participation, and ensuring achievement by all students.