



Dancecenter
Of Utica

Dancer Dispatch

September 2015

Welcome Back Dancers

The Maine State Ballet Company, established in 1986, has fast become the leading professional dance company in the State of Maine. The Maine State Ballet's School for the Performing Arts offers instruction in classical ballet, Broadway style jazz, and tap to over 500 students from age 3 through advanced adult. Advanced ballet students have the unique opportunity to be trained in the Balanchine Technique and Balanchine Style. Dancecenter of Utica students **Sophia Putrello** and **Abaigeal McCarthv** attended the summer program.



Professional dancer Barry Jones

Beyond
the
Stars
Lejla
Martin
Nationals

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LIVING ARTS MOVEMENT WILL BE HOLDING AUDITIONS FOR 2015 *First Annual Jazzed Up Nutcracker*

WE ARE LOOKING FOR DANCERS WITH EXPERIENCE IN
TAP, JAZZ, MODERN/CONTEMPORARY AND BALLET

AUDITIONS ARE AS FOLLOWS:

JUNIOR & SENIOR COMPANY: SEPTEMBER 11, 2015
(AGES 8+ WITH TWO OR MORE YEARS OF DANCE REQUIRED)
5:00PM-7:00PM

ALL CHILDREN'S ROLES: SEPT 12, 2015

AGES 5-6: 1:00PM-1:30PM

AGES 7-9: 1:30PM-2:15PM (DANCE EXPERIENCE PREFERRED)

AGES 10-11: 2:15PM-3:00PM (DANCE EXPERIENCE REQUIRED)



A U D I T I O N F E E I S \$ 2 0

PLEASE ARRIVE 15 MINUTES PRIOR TO AUDITION FOR REGISTRATION

2007 genesee street, utica (third floor) • LivingArtsMovement@gmail.com



Throw Back!!

The Wizard of Oz Stanley Theater 2010

Cali Buxton – Pham, Marica Medici,
Sophia Putrello & Annisiya Thompson



The Basics Of Utica

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16 Auditioning Basics & Pointers

ONE: Be rested so that you can be your best.

TWO: Make nutritious meal choices, **starting now**. Eat a light meal at least an hour before the audition.

THREE: Arrive with plenty of time to warm up your body in advance. (Some auditions, particularly for children, may be structured to provide a warm-up. Find out ahead of time. You'll still want to arrive with time to spare to get familiar with the environment.)

FOUR: Dress appropriately and neatly in something that flatters you and be ready to shed layers so that the panel can see your body. Unless it is required that you dress a certain way, it is alright to choose a look that shows your personality or help you stand out. However, use good judgment. Your look should not overshadow your dancing, after all it is your dancing you want to be remembered for.

FIVE: Be gracious from start to finish (even if the outcome is not what you had hoped). Treat your fellow dancers and audition panel with the utmost respect. Courteously ask questions and take corrections from the choreographer.

SIX: Learn what you can about the school, company, team, ballet, or performance for which you are auditioning.

SEVEN: Know exactly what you will be expected to bring, complete, or have with you at the audition. Be prepared even with items you might need, like extra hair bands, knee pads, dance shoes, etc.

EIGHT: Perform it, "sell it." Even in an audition class, really Dance it with expression, enthusiasm, and energy.

NINE: Stand where you can see and be seen without muscling your way to the front. If you are struggling or don't know the choreography, stand further back until you do so that you can wow them once you've got it.

TEN: Don't embellish the choreography unless you are asked to.

Next Steps

ONE: It is okay to be human. To "never" show a mistake seems unnatural, but don't make a spectacle of your mistakes with a tantrum or grotesque faces or by stopping. If you have covered or recovered your mistake well, forget it and keep going. If not, it is natural, while you are learning or after you have performed choreography, to acknowledge mistakes with a smile, a chuckle, or apology (if your mistake impacted others) and then move on. A light positive, even joking manner can show that you will be fun to work with.

TWO: Have no expectations. Expecting a certain outcome puts your mind in a place and time other than the audition and you'll need to have your head in the present tense to do well. Clear your mind and dance because you love dancing, not because of the pot of gold that may or may not be at the end of the rainbow.

THREE: You have nothing to lose. This is related to #2. If you are worried about what is at stake, then you have expectations that this role, this job, or this opportunity is already yours. You cannot lose what you don't have. Knowing this, you can relax and enjoy the moment to shine, to dance, and grow with experience.

FOUR: Say "thank you" after the audition (with a written note or in person if possible) and say "thank you" whether you are selected or dismissed.

FIVE: Remember that no matter how intimidated you may be by the panel, they want you to do well. They want to have the best dancers to select from and are hoping that everyone walking into that audition is the best they've ever seen.

Six: Auditioning is a skill. Audition often and know that you can improve your skills. In fact, you may learn the most from your worst audition. You will likely go through many poor auditions before you are cast, and you will quickly learn that sometimes great auditions don't get you the job. Don't lose faith in yourself.

REMEMBER! You can only be you, so be yourself and enjoy the process!!!

Written By: Dance Advantage - Blog



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Dancenter Alumni



LaToya has been dancing for over 20 years. Originally from Utica, NY, she is trained in various dance techniques as well as being alumni of the Starpower Dance Competition, and a Power Pak performer. She is a graduate from Manhattanville College in Purchase, NY with a Bachelor's degree in Communications and Dance and Theatre. She became a member of the college dance team called Dance Troupe and later went on to become co-captain and choreographer of the team.

During her college career she had the opportunity to work with guest choreographers such as Darrah Carr, Earl Frederick Mosley and Ronald K. Brown from the Alvin Ailey Dance theatre. She is currently Captain of the Knicks City Dancers with this being her sixth year on the team. She has had the privilege of dancing at Madison Square during

The home games for the Knicks as well as take part in various promotional work throughout the Tri-state area. She is also currently the coach of three elite dance teams located in Manhattan as well as an instructor at various studios around Westchester County.

For the past three years LaToya has been selected to dance at the NBA All-Star basketball games, held in Los Angeles, Orlando and New Orleans. LaToya has danced with artists Rihanna, Lenny Kravitz, Flo Rida, Pitbull, Ne-yo, Jason Derulo, Labyrinth, Vanilla Ice and Mack Wilds. In 2012, LaToya was selected to dance in the Pre-Olympic Tour held in Manchester, England. LaToya has had the opportunity to dance in various countries including Italy, France, Spain, Germany and China. This past June, LaToya was casted in her first major motion picture. Filming has just wrapped up and the movie (directed by Judd Apatow) will hit theatres next summer.

Congratulations LaToya

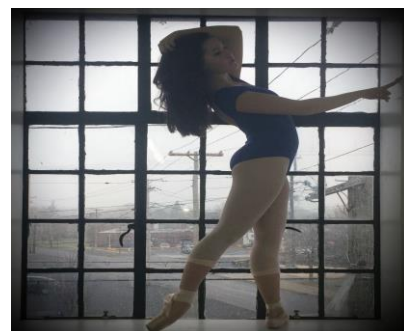
On your First Movie Trainwreck. Released July 17th 2015.





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Cali Buxton – Pham spent 6 weeks dancing at Liberty Dance Studio in San Jose, CA. Cali studied Ballet, Pointe, Lyrical, Jazz and Improve with Miss Meagan & Miss Jessica. Cali plans to audition for the San Jose Ballet's summer intensive in 2016.



Dancer students who came out and joined us for our summer intensives.

Sophia Putrello, Abaigeal McCarthy,
Alexis Carey, Catherine Rayhill,
Marica Medici, Megan Ruffalo Rachel



Dancer's little princesses





Birthday Parties!!



Have your dancer's birthday party at Dancenter. Inquire at the desk for more information.

MISSION STATEMENT:

It is our philosophy that the experience of dance should be positive and rewarding while learning the discipline required for to reach personal goals; be it furthering their career to dance professionally or to develop poise and coordination on a recreational level.

Each class is structured to the age and abilities of our dancers and is taught by highly trained, qualified, adult dance educators. Our classes are designed to teach muscle development, coordination, balance, rhythm, grace and poise. Dancers will gain independence and confidence, build positive self-image and learn to interact with others. Our main objective is for each student to learn the joy and appreciation of music and dance.

We strive to create an innovative approach to dance training recognizing diversity, encouraging unanimous participation, and ensuring achievement by all students.

Comments, questions, suggestions? Any articles you'd like to see in future issues? Any articles you'd like to submit? We'd love to hear from you—send an email to calibuxtonpham@gmail.com

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Mershely De Lacruz

Emma Robertson

Breanna Balandis

Sasha Tullar

Allyson Greif

Ella Sakanovic

Alexa Dougherty

Kirianna Vargas

Bethany Kuegler

Adriana Perretta

Anelle Delarosa